

VCS PARENT and STUDENT Guide to COVID

	Condition	What to do	Comments
A	<p>In the past 24 hours have had one or more of the following symptoms of COVID-19: fever (100.4 degrees F or higher, without fever reducing medications); sore throat; new uncontrollable cough causing difficulty breathing (change from baseline cough if chronic allergies or asthma); diarrhea/vomiting/abdominal pain; or new onset of severe headache.</p>	<p>Contact your medical provider for further evaluation and possible COVID-19 testing.</p> <p>If doctor confirms alternative diagnosis, symptoms non-COVID, report findings to VCS Health Office. Student must be symptom free for 24 hours before returning.</p> <p>If no doctor consult, not tested, or COVID test is positive → Do not come to school for at least 10 days from onset of symptoms, AND fever free for 24 hours, and all symptoms have improved. Observe the Isolation Guidance issued by the CDC.</p> <p>If a Covid-19 test is negative → Report status to VCS Health Office, student remains at home until symptom free for 3 days and symptoms resolved.</p>	<p>If tested for COVID, please notify the VCS Health Office of testing results.</p> <p>BEFORE returning to school following an absence due to COVID-19 consistent symptoms, parent must contact the VCS Health Office.</p> <p>Call 818-767-8382 x240 or email healthofficestaff@villagechristian.org</p>
B	<p>Individual has one or more of the following symptoms in the last 24 hours: Fatigue, chills, body aches, or any other sign of illness or is not feeling well.</p>	<p>Do not come to school until ALL symptoms are resolved for a minimum of 24 hours, without any medications.</p> <p>Should any additional symptoms develop, see box A above.</p> <p>Contact your medical provider as needed.</p>	<p>If tested for COVID, please notify the VCS Health Office of testing results.</p>
C	<p>Has your student been in close contact* with anyone, at home, school or elsewhere, with confirmed infection or symptoms consistent with COVID-19 in the last 14 days? *Close contact: within 6' for cumulative time of more than 15 minutes in 24 hrs, coughed or sneezed on, sharing utensils or saliva, or providing care without wearing appropriate protective equipment of a symptomatic student/staff. (If symptomatic person is a member of a cohort, all members of the cohort are considered close contacts),</p>	<p>Contact your medical provider for COVID-19 testing.</p> <p>Positive COVID-19 test → Stay isolated at home until fever free for 24 hours, improved symptoms, and 10 days from symptom onset (or 10 days from test date, if no symptoms). Observe the Isolation Guidance issued by the CDC.</p> <p>Negative COVID-19 test or not tested → Stay quarantined at home until 14 days from last exposure to infected person. Observe the Quarantine Guidance issued by CDC and avoid close contact with the symptomatic person. Only return to school if individual does not develop symptoms during quarantine time.</p>	<p>If tested for COVID, please notify the VCS Health Office of testing results.</p> <p>BEFORE returning to school following an exposure to COVID-19, parent must contact the VCS Health Office.</p> <p>Call 818-767-8382 x240 or email healthofficestaff@villagechristian.org</p>
D	<p>Individual has tested positive for COVID -19, but has no symptoms.</p>	<p>Stay isolated at home until fever free for 24 hours, improved symptoms, and 10 days from symptom onset (or 10 days from test date, if no symptoms). Observe the Isolation Guidance issued by the CDC. If symptoms develop, follow guidance of Box A above.</p>	<p>Please notify the VCS Health Office of testing results.</p>
E	<p>Individual has a pre-existing medical condition (high blood pressure, diabetes, cardiovascular disease, chronic respiratory disease or cancer) which puts them in the special risk categories for COVID-19.</p>	<p>Follow the advice of your medical doctor, coordination with the School Principal and VCS Health Office.</p>	
F	<p>If one of my children is sick, do others in the household also need to stay home?</p>	<p>If the sick child's symptoms are consistent with COVID-19 listed in Box A – follow directions in Box C</p> <p>If symptoms are consistent with symptoms in Box B, the child(ren) who are not sick may attend school.</p>	

NOTE: All criteria is subject to change, based on: *Decision Pathways for Symptom and Exposure Screening of Children at Early Care and Education Centers and K-12 Schools Los Angeles County Department of Public Health dated 10/20/2020*

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