



Menu for week of February 04, 2019 - February 08, 2019

Managed by CulinArt Group, the CRAN Cafe is open Monday - Friday from 7:30am to 3:30pm  
 Breakfast 7:30am - 10:00am; Lunch; 12:00pm - 1:15pm; Afternoon Snack 2:40pm -

MAKE THE CHOICE THAT'S RIGHT FOR YOU.



EAT WELL



500-CAL-OR-LESS



VEGETARIAN

VEGAN

**Breakfast:** Enjoy a daily hot cereal with assorted toppings, daily hot breakfast buffet, fresh pastries and fresh cut fruit.

**Lunch:** Enjoy our freshly prepared salad bar with assorted toppings and salads, burgers, garden burger, grilled chicken sandwich, chicken tenders, French Fries, cookies and assorted snacks. **MENU SUBJECT TO CHANGE**

MONDAY 02/04

WAKIN' UP Hot Breakfast Buffet / Egg Whites with Spinach & Tomato

SOUPER SOUPS

CHEF TABLE HOT BAR

**Thai Green Curry with Chicken & Shrimp over Basmati Rice.**

BORDER GRILL

Crispy Taquitos

TUSCAN BISTRO

Italian Sausage Pasta Bowl w/ Garlic Toast

CITY GRILL

Grill Cheese & Fries

QUICK PIK

SANDWICH

Roast Beef & Cheddar Sandwich / Protein Snack Pack

QUIK PIK SALAD

Fruit Salad w/ Balsamic Dressing

TUESDAY 02/05

WAKIN' UP Hot Breakfast Buffet / Cinnamon French Toast Sticks

SOUPER SOUPS

CHEF TABLE HOT BAR

**Chipotle Chicken Fajitas w/ Spanish Rice, Black Beans & Cinnamon Churro**

BORDER GRILL

Chicken Quesadilla

TUSCAN BISTRO

Meat Lovers Pizza

CITY GRILL

Hot Dog & Potato Chips

QUICK PIK

SANDWICH

Pastrami & Pepper Jack on a Jalapeno Cheddar Bagel

QUIK PIK SALAD

Chicken Caesar Salad

WEDNESDAY 02/06

WAKIN UP Hot Breakfast Buffet / Biscuits & Gravy

SOUPER SOUPS

CHEF TABLE HOT BAR

**Super Bowl Recap Feast: Chicken Wings, Cheese Nachos w/ Pico Salsa & Loaded Potato Skins**

BORDER GRILL

Chicken Fajita Burrito

TUSCAN BISTRO

Roasted Garlic Parmesan Pasta Bowl w/ Garlic Toast

CITY GRILL

Pizza Rollers

QUICK PIK

SANDWICH

Black Forest Ham & Swiss Sandwich

QUIK PIK SALAD

Southwestern Chicken Salad

THURSDAY 02/07

WAKIN UP Hot Breakfast Buffet / Waffles with Fresh Berries

SOUPER SOUPS

CHEF TABLE HOT BAR

**Japanese Roasted Pork Loin, Steamed Cal Rose Rice & Stir Fry Vegetables**

BORDER GRILL

Crispy Taquitos

TUSCAN BISTRO

Margherita Pizza

CITY GRILL

Pastrami Pressed Panini

QUICK PIK

SANDWICH

Chicken Margherita On Pita

QUIK PIK SALAD

Caesar Salad

FRIDAY 02/08

WAKIN' UP Hot Breakfast Buffet / Chefs Choice

SOUPER SOUPS

CHEF TABLE HOT BAR

**Balsamic Roasted Tri Tip w/ Garlic Parmesan Potato Wedges & Tomato Caesar Salad**

BORDER GRILL

Macho Nachos

TUSCAN BISTRO

Pepperoni Pizza Macaroni Pasta Bowl

CITY GRILL

Crispy Sampler Platter

QUICK PIK

SANDWICH

Chef's Choice



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EAT WELL



500-CAL-OR-LESS



VEGETARIAN

VEGAN

**QUICK PICK SALAD** **Chef's Choice**  
Lunch: Enjoy a daily hot salad with assorted toppings, daily hot breakfast buffet, fresh pastries and fresh cut fruit.

Lunch: Enjoy our freshly prepared salad bar with assorted toppings and salads, burgers, garden burger, grilled chicken sandwich, chicken tenders, French Fries, cookies and assorted snacks. **MENU SUBJECT TO CHANGE**

**Look for our  
Daily  
Bundle  
specials  
Carnivores  
Specials**

**#1**

**1/2 sandwich  
Lays Original  
Chips & Fountain  
Drink \$ 5.50**

**#2**

**Cheese Burger  
Lays Original  
Chips & Fountain  
Drink \$ 5.75**

**Herbivores  
Special**

**#1**

**Vegetarian  
Pizza Slice &  
Fountain Drink  
\$3.95**

**#2**

**Veggie Burger &  
Fountain Drink \$  
4.50**

**#3**

**Built your own  
Small salad Bar  
&  
Fountain Drink \$  
4.95**

**Game Day  
Special**

**Pasta Bowl &  
Fountain Drink  
\$4.05**