



Menu for week of May 13, 2019 – May 17, 2019

Managed by CulinArt Group, the CRAN Cafe is open Monday - Friday from 7:30am to 3:30pm  
 Breakfast 7:30am – 10:00am; Lunch; 12:00pm – 1:15pm; Afternoon Snack 2:40pm –

MAKE THE CHOICE THAT'S RIGHT FOR YOU.



EAT WELL



500-CAL-OR-LESS



VEGETARIAN

VEGAN

**Breakfast:** Enjoy a daily hot cereal with assorted toppings, daily hot breakfast buffet, fresh pastries and fresh cut fruit.

**Lunch:** Enjoy our freshly prepared salad bar with assorted toppings and salads, burgers, garden burger, grilled chicken sandwich, chicken tenders, French Fries, cookies and assorted snacks. **MENU SUBJECT TO CHANGE**

MONDAY 05/13

WAKIN' UP Hot Breakfast Buffet / Pumpkin Pancakes

SOUPER SOUPS

CHEF TABLE HOT BAR **Build Your Own Pasta Plate: Choice of Pasta, Choice of Sauce, Vegan Nuggets or Turkey Meatballs & Garlic Parmesan Toast**

BORDER GRILL Grande Pork Burrito

TUSCAN BISTRO 3 Meat Treat Pizza

CITY GRILL Corn Dog w/ Bacon Cheddar Fries

QUICK PIK

SANDWICH BLT w/ Avocado

QUIK PIK SALAD Fresh Fruit Salad

TUESDAY 05/14

WAKIN' UP Hot Breakfast Buffet / Buttermilk Biscuits

SOUPER SOUPS

CHEF TABLE HOT BAR **Build Your Own Taco Bar: Choice of Asada Steak or AL pastor Pork & White Rice with Black Beans**

BORDER GRILL Cheese Quesadilla

TUSCAN BISTRO Pesto Sausage Pasta Bowl

CITY GRILL Hot Panini w/ Fries

QUICK PIK

SANDWICH Margherita Chicken on Pita

QUIK PIK SALAD Chicken Caesar Salad

WEDNESDAY 05/15

WAKIN UP Hot Breakfast Buffet / Lemon Blueberry Waffles

SOUPER SOUPS

CHEF TABLE HOT BAR **Baja Chicken Torta w/ Grilled Chicken Breast, Black Bean Spread, Cheese on Toasted Ciabatta Roll with Crunchy Bell Pepper Slaw & Chipotle Ranch Sauce**

BORDER GRILL Nachos Grande

TUSCAN BISTRO Buffalo Chicken Pizza

CITY GRILL Crispy Sampler

QUICK PIK

SANDWICH Ham & Cheese Wrap w/ Strawberries

QUIK PIK SALAD Chicken Cobb Salad

THURSDAY 05/16

WAKIN UP Hot Breakfast Buffet /

SOUPER SOUPS

CHEF TABLE HOT BAR **Build Your Own Noodle Bowl: Yakisoba or Spicy Garlic Udon Noodles, Orange Chicken or Chicken and Broccoli, Veggie Egg Roll or Chicken Pot Stickers & Fortune Cookie**

BORDER GRILL Chicken Taquitos w/ Salsa & Sour Cream

TUSCAN BISTRO Garlic Parmesan Pasta Bowl w/ Cheese Toast

CITY GRILL Pizza Rollers

QUICK PIK

SANDWICH Turkey & Spinach on Brioche Bun

QUIK PIK SALAD Mandarin Orange Chicken Salad

FRIDAY 5/17

WAKIN' UP Hot Breakfast Buffet / Cinnamon French Toast Sticks

SOUPER SOUPS

CHEF TABLE HOT BAR **Build Your Own Poke Bowl: Choice of Ahi Tuna / Shrimp or Spicy Tuna, Variety of Toppings & Sauces**

BORDER GRILL Ranchero Rollers

TUSCAN BISTRO Garlic Parmesan Crust Pizza

CITY GRILL Grilled Ham & Cheese on Sourdough



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EAT WELL



500-CAL-OR-LESS



VEGETARIAN

VEGAN

**QUICK-PICK SANDWICH** Enjoy a daily hot cereal with assorted toppings, daily hot breakfast buffet, fresh pastries and fresh cut fruit.

Chef's Choice

**QUICK-PICK SALAD** Enjoy our freshly prepared salad bar with assorted toppings and salads, burgers, garden burger, grilled chicken sandwich, chicken tenders, French Fries, cookies and assorted snacks. **MENU SUBJECT TO CHANGE**

**Look for Our  
Daily  
Bundle  
specials  
Carnivores  
Specials**

#1

½ Sandwiches  
Lays Original  
Chips & Fountain  
Drink

\$5.50

#2

Cheese Burger  
Lays Original  
Chips & Fountain  
Drink \$ 5.75

**Herbivores  
Special**

#1

Vegetarian  
Pizza Slice &  
Fountain Drink  
\$3.95

#2

Veggie Burger &  
Fountain Drink \$  
4.50

#3

Built your own  
Small salad Bar  
&  
Fountain Drink \$  
4.95

**Game Day  
Special**

Pasta Bowl &  
Fountain Drink